



**CITY OF PARK RIDGE**

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**MINUTES**

**COMMUNITY HEALTH COMMISSION**

**SECOND FLOOR CONFERENCE ROOM  
505 BUTLER PLACE, PARK RIDGE, IL 60068  
THURSDAY, SEPTEMBER 22, 2016 7:00 p.m.**

**DRAFT**

**Members Present:** C. Cycon, K. Grunschel, M. Hulting, T. Milburn, Angela Plewa-Rusiecki, Tricia Williams

**City Council:** Acting Mayor Maloney

**Others Present:**

**Staff Present:** Recording Secretary I. Feiereisel, Officer B. Peterson

**Absent:** A. Cline, P. Collins, E. Manning, T. Schmidt

Meeting called to order at 7:07 p.m.

**I. Roll Call**

Roll taken.

**II. Approval of Minutes (August 25, 2016)**

T. Milburn made a motion to approve the August 25, 2016 minutes and C. Cycon seconded the motion. Unanimous approval.

**III. Citizens Present Wishing to be Heard on a Non-Agenda Item**

None.

**IV. Action Items**

A. Health Insurance article submitted to Pioneer Press

T. Schmidt submitted the article related to Health insurance to Pioneer Press. No further information as to the date it will be published at this time.

B. Meeting with Park Ridge Park District discussion on a community garden at Prospect Park

T. Schmidt will attend this meeting on October 12.

**V. Discussion Items**

A. Events, projects and activities update for each focus area

K. Grunschel followed up with Lutheran General Hospital and confirmed that they do still provide a program called – Senior Passport, to provide seniors with help related to insurance billing. A. Plewa-Rusiecki volunteered to look into it and provide more information. C. Cycon suggested adding this to the commission’s web page when we have complete information. Officer B. Peterson provided information on the Maine Township Senior Expo held in the spring, that could be a resource as well.

*Outreach to Special Populations* – The StoryCorps project is scheduled for October 1<sup>st</sup> from 10am – 5pm at City Hall. 6 participants are confirmed for interviews. A. Plewa-Rusiecki asked if the

interviews can be linked to the website. The commission will follow up with StoryCorps to see if this is possible.

*Emergency Preparedness and Resiliency* – A. Plewa-Rusiecki described the Emergency Preparedness Day that was held downtown earlier this month. She added that sharing and spreading information on emergency preparedness is important. K. Grunschel asked if it is possible to have an Emergency Preparedness day and suggested that there may be a possibility of adding adult programs to Farmers Market next season where this could be incorporated.

*Wellness and Safety* – This focus area is currently on hold. A. Plewa-Rusiecki will prepare informational packets on the Zika virus and the West Nile virus that could be used at the next event.

*Health and Fitness* -T. Williams is continuing to work with local fitness businesses to provide some type of fitness event. This would be planned for the month of April. B. Peterson suggested contacting the hospitals to see what they could provide as well. Acting Mayor Maloney asked how this would be done and if it would be a promotional event. T. Williams will continue to work on the event and a promotion concept.

B. Peterson provided information about the spring drug take back day and the possibility that could be used to help to publicize this event. He also provided information about Cops for Coats event on November 5<sup>th</sup>, 2016 held at Maine Township and asked for volunteers.

*Disease Education and Prevention* – C.Cycon presented and discussed that there are not many cancer survivor support groups and she would like to start a grassroots cancer long term survivors group. She will emulate a 12 step format to provide structure. She is looking for support of the commission as well as others. Promotion would include reaching out to the major Park Ridge churches to advertise in their weekly bulletins and websites and open a Meet-Up account. First choice of a meeting place would be Park Ridge Library.

She also would like to work on a fitness support group for individuals that have fitness challenges. She would like to promote athleticism for individuals who have cancer or another disease. Promotional support and ideas from the group are welcome.

*Environmental and Sustainability* - T. Milburn emailed information to Acting Mayor Maloney related to sustainability initiatives for the upcoming Strategic Planning meetings. He would like feedback on the best way to present these ideas. Acting Mayor Maloney suggested focusing on 2 or 3 initiatives due to the time limitations in these meetings. Making sustainability a priority for the City was discussed and what it may take to move forward. Officer B. Peterson suggested contacting the Chamber for support as well.

The Greenest Business Program continues to be discussed with the Chamber. M. Hulting has made contact with Hoffman Estates and can provide examples of how this program could work without an extreme amount of effort for the businesses. An example is a checklist for a business to self-certify, which would not be very difficult for them to complete.

#### B. Web page update

The web page will be reviewed by the committee on the week of 9/26. Updates will be provided I. Feiereisel.

## VI. Administration Report

### A. City Staff

None.

B. School Administrators

None

C. Other Community Entities

None.

**VII. New Business**

O'Hare Airport Commission – one of the commissioners is looking into how to develop a study or a supplemental environmental impact statement. They have contacted this commission to collaborate. M. Hulting forwarded the O'Hare Modernization Final Environmental Impact Statement to the committee. T. Williams will respond to the O'Hare Airport Commission contact and invite them to attend a meeting to determine how the Community Health Commission relates.

M. Hulting was contacted by Alderman Shubert related to an accident involving a child on a bike being hit by a car and how the commission could be of help. Officer B. Peterson provided information on police selective enforcements currently in place and how to register a complaint with the Police through the police website.

T. Williams is working with Signarama on a banner for the commission. An estimate of \$230 has been provided. K. Grunshel will provide a contact for logo design.

The Commission thanked C. Cycon for all her work. Her commission has ended.

Acting Mayor Maloney asked I. Feiereisel to confirm the number of recommendations needed for the upcoming appointments of members with Deputy Clerk C. Peterson.

**VIII. Adjournment**

A. Plewa-Rusiecki made a motion to adjourn, K. Grunshel seconded. Meeting adjourned at 8:24 p.m.