



*The Park Ridge Community Health Commission is on the lookout for members of our community who are engaged in promoting healthy living. Our goal is to educate and encourage Park Ridge residents to take action to live healthy lives and promote environmental health and sustainability. Photos of good catches consistent with any of our focus areas (Outreach and Assistance to Special Populations, Substance Abuse and Mental Health, Disease Education & Prevention, Wellness & Safety, Environmental & Sustainability Solutions, Emergency Preparedness & Resiliency) will be captured and exhibited on local community oriented social media pages.*

*Will you be caught next?*

*Do you have a picture you want to share?*

*email: [GetCaughtDoingGood.ParkRidge@gmail.com](mailto:GetCaughtDoingGood.ParkRidge@gmail.com)*



The Spencer Family, Caught Doing Good.