

Annual
WaterQuality
Report
Water testing performed in 2010



Presented By _____
City of Park Ridge

Quality First Quality

Once again we are proud to present our annual water quality report covering all testing performed between January 1 and December 31, 2010. As in years past, we are committed to delivering the best-quality drinking water possible. To that end, we remain vigilant in meeting the challenges of new regulations, source water protection, water conservation, and community outreach and education while continuing to serve the needs of all of our water users. Thank you for allowing us to continue providing you and your family with quality drinking water.

We encourage you to share your thoughts with us on the information contained in this report. Should you ever have any questions or concerns, we are always available to assist you.

Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. We meet the first and third Monday of each month, beginning at 7:30 p.m., at City Hall, 505 Butler Place, Park Ridge, IL.

Important Health Information

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from their health care providers.

The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791 or <http://water.epa.gov/drink/hotline>.



Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases, radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

Microbial Contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

Inorganic Contaminants, such as salts and metals, which can be naturally occurring or may result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

Pesticides and Herbicides, which may come from a variety of sources, such as agriculture, urban stormwater runoff, and residential uses;

Organic Chemical Contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban stormwater runoff, and septic systems;

Radioactive Contaminants, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

Lead and Drinking Water

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead.

Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent, according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Furthermore, the FDA completely exempts bottled water that's packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you'd pay for bottled water.

For a detailed discussion on the NRDC study results, check out their website at www.nrdc.org/water/drinking/bw/exesum.asp.

Where Does My Water Come From?

The City of Park Ridge's water customers are fortunate because we enjoy an abundant water supply from Lake Michigan. Lake Michigan water is first treated and then pumped from the City of Chicago's Jardine Filtration Plant off of Navy Pier. The Jardine Plant, one of the largest and most advanced filtration plants in the world, is capable of treating and pumping 1.4 billion gallons of high-quality water daily. The water is then pumped into Park Ridge's distribution system and into your home.

Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are a few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks (if you are allowed access). Simply turn off all taps and water using appliances. Then check the meter after 15 minutes. If it moved, you have a leak.

Questions?

For more information about this report, or for any questions relating to your drinking water, please call John Roycroft, Supervisor of Water Distribution, at (847) 318-5251.

Source Water Assessment

The Illinois EPA considers all surface water sources of community water supply to be susceptible to potential pollution problems. The very nature of surface water allows contaminants to migrate into the intake with no protection other than dilution. This is the reason for mandatory treatment for all surface water supplies in Illinois. Chicago's offshore intakes are located at a distance great enough that shoreline impacts are not usually considered a factor on water quality. At certain times of the year, however, wet-weather flows and river reversals can potentially contaminate offshore intakes. In addition, the placement of the crib structures may serve to attract waterfowl, gulls, and terns that frequent the Great Lakes area, thereby concentrating fecal deposits at the intake and thus compromising the source water quality. Conversely, the shore intakes are highly susceptible to stormwater runoff, marinas, and shoreline point sources due to the influx of groundwater to the lake. Throughout Chicago's history, extraordinary steps have been taken to ensure a safe source of drinking water in the area, from the building of the offshore cribs and the introduction of interceptor sewers to the lock-and-dam system of Chicago's waterways and the city's Lakefront Zoning Ordinance. The city now looks to the recently created Department of Water Management, the Department of Environment, and the MWRDGC to ensure the safety of the city's water supply. Also Lake Michigan has a variety of organizations and associations that are currently working to either maintain or improve water quality.

Finally, one of the best ways to ensure a safe source of drinking water is to develop a program designed to protect the source water against potential contamination on the local level. Since the predominant land use within the Illinois boundary of the Lake Michigan watershed is urban, a majority of the watershed protection activities in this document are aimed at this purpose. Citizens should be aware that everyday activities in an urban setting might have a negative impact on their source water. Efforts should be made to improve awareness of stormwater drains and their direct link to the lake within the identified local source water area. A proven best management practice is necessary to keep the lake a safe and reliable source of drinking water.

Further information on our community water supply's Source Water Assessment Program is available by calling the City of Chicago, Department of Water Management, at (312) 744-6635.



Why do I get this report each year?

Community water system operators are required by federal law to provide their customers with an annual water quality report. The report helps people make informed choices about the water they drink. It lets people know what contaminants, if any, are in their drinking water and how these contaminants may affect their health. It also gives the system operators a chance to tell customers what it takes to deliver safe drinking water.

Why does my water sometimes look “milky”?

The “milky” look is caused by tiny air bubbles in the water. The water in the pipes coming into your home or business might be under a bit of pressure, and gasses (the air) are dissolved and trapped in the pressurized water as it flows into your glass. As the air bubbles rise in the glass, they break free at the surface, thus clearing up the water. Although the milky appearance might be disconcerting, the air bubbles won't affect the quality or taste of the water.

How can I keep my pet's water bowl germ free?

Veterinarians generally recommend that water bowls be washed daily with warm, soapy water—normally when you change the water. Scour the corners, nooks, and crannies of the water dish using a small scrub brush. In addition, once a week put water bowls into the dishwasher to sanitize them with hot water. In most situations, disinfectants like bleach are not needed; warm, soapy water is all you need to keep your pet's water clean and safe.

How much water is used during a typical shower?

The Federal Energy Policy Act set a nationwide regulation that limits showerheads to a maximum flow of 2.5 gallons per minute (GPM). Showerheads made before 1980 are rated at 5 GPM. Since the average shower is estimated to last 8.2 minutes, the old showerheads use 41 gallons of water while the newer, low-flow showerheads use only about 21 gallons.

Is it okay to use hot water from the tap for cooking and drinking?

No, always use cold water. Hot water is more likely to contain rust, copper, and lead from household plumbing and water heaters. These substances can dissolve into hot water faster than they do into cold water, especially when the faucet has not been used for an extended period of time.

How many contaminants are regulated in drinking water?

The U.S. EPA regulates over 80 contaminants in drinking water. Some states may choose to regulate additional contaminants or to set stricter standards, but all states must have standards at least as stringent as the U.S. EPA's.

Sampling Results

During the past year, we have taken hundreds of water samples in order to determine the presence of any radioactive, biological, inorganic, volatile organic, or synthetic organic contaminants. The table below shows only those contaminants that were detected in the water. The state requires us to monitor for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

REGULATED SUBSTANCES									
				City of Park Ridge		City of Chicago			
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	MCL [MRDL]	MCLG [MRDLG]	AMOUNT DETECTED	RANGE LOW-HIGH	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATION	TYPICAL SOURCE
Barium (ppm)	2010	2	2	NA	NA	0.0182	0.0175–0.0182	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chlorine (ppm)	2010	[4]	[4]	0.75	0.69–0.82	0.80	0.7063–0.8189	No	Water additive used to control microbes
Fluoride (ppm)	2010	4	4	NA	NA	0.817	0.651–0.817	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Haloacetic Acids [HAA] (ppb)	2010	60	NA	15.7	8.55–25.4	10.000	6.000–14.200	No	By-product of drinking water disinfection
TTHMs [Total Trihalomethanes] (ppb)	2010	80	NA	29.72	22.6–40.4	20.000	11.700–28.600	No	By-product of drinking water disinfection
Total Coliform Bacteria (% positive samples)	2010	5% of monthly samples are positive	0	ND	NA	0.2%	NA	No	Naturally present in the environment
Total Nitrate + Nitrite (ppm)	2010	10	10	NA	NA	0.311	0.288–0.311	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Turbidity¹ (NTU)	2010	TT	NA	NA	NA	0.38	ND–0.38	No	Soil runoff
Turbidity (Lowest monthly percent of samples meeting limit)	2010	TT=95% of samples<0.3	NA	NA	NA	99.7	NA	No	Soil runoff

Definitions

AL (Action Level): The concentration of a contaminant that triggers treatment or other required actions by the water supply.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

NA: Not applicable.

ND (Not detected): Indicates that the substance was not found by laboratory analysis.

Tap water samples were collected for lead and copper analyses from sample sites throughout the community

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECTED (90TH%TILE)	SITES ABOVE AL/ TOTAL SITES	VIOLATION	TYPICAL SOURCE
Lead (ppb)	2008	15	0	ND	1/30	No	Corrosion of household plumbing systems; Erosion of natural deposits

UNREGULATED AND OTHER SUBSTANCES

SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	City of Park Ridge		City of Chicago		TYPICAL SOURCE
		AMOUNT DETECTED	RANGE LOW-HIGH	AMOUNT DETECTED	RANGE LOW-HIGH	
Haloacetic Acids [HAA]—IDSE Results (ppb)	2007	21.9	7.67–21.9	NA	NA	By-product of drinking water disinfection
Sodium ² (ppm)	2010	NA	NA	8.98	8.26–8.98	Erosion of naturally occurring deposits; Used in water softener regeneration
Sulfate (ppm)	2010	NA	NA	33.6	30.400–33.600	Runoff/leaching from natural deposits; Industrial wastes
TTHMs [Total Trihalomethanes]—IDSE Results (ppb)	2007	54.81	35.3–62.72	NA	NA	By-product of drinking water disinfection

NTU (Nephelometric Turbidity Units): Measurement of the clarity, or turbidity, of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

pCi/L (picocuries per liter): A measure of radioactivity.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

ppm (parts per million): One part substance per million parts water (or milligrams per liter).

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.

¹Turbidity is a measure of the cloudiness of the water. It is monitored because it is a good indicator of water quality and the effectiveness of disinfectants.

²Sodium is not currently regulated by the U.S. EPA. However, the state has set an MCL for this contaminant for supplies serving a population of 1,000 or more.