



CITY OF PARK RIDGE

505 BUTLER PLACE
PARK RIDGE, IL 60068
TEL: 847- 318-5200
FAX: 847- 318-5300
TDD: 847/318-5252
www.parkridge.us

MINUTES

COMMUNITY HEALTH COMMISSION

**SECOND FLOOR CONFERENCE ROOM
505 BUTLER PLACE, PARK RIDGE, IL 60068
THURSDAY, DECEMBER 1, 2016 7:00 p.m.**

DRAFT

Members Present: J. Barnette, A. Cline, M. Cunningham, K. Gruenshel, M. Hulting, E. Manning T. Milburn, T. Williams, A. Plewa-Rusiecki, T. Schmidt

City Council: Acting Mayor M. Maloney

Others Present: Daniel Kaltz, Anthony Edmons

Staff Present: I. Feiereisel, Officer B. Peterson, Recording Secretary S. Tunzi

Absent: P. Collins

Meeting called to order at 7:05 p.m.

I. Roll Call

Roll taken. Others present included Maine South students (listed above).

II. Approval of Minutes (October 27, 2016)

E. Manning made a motion to approve the October 27, 2016 minutes and T. Milburn seconded the motion. Unanimous approval.

III. Citizens Present Wishing to be Heard on a Non-Agenda Item

None.

IV. Action Items

None.

V. Discussion Items

A. Events, project and activities update for each focus area.

T. Milburn asked that each focus area report what had gotten done in the past year and what specifically could be done better.

B. Review of 2016 goals and accomplishments

Outreach to Special Populations

P. Collins was not present to report on this focus group but received accolades for doing a great job.

Substance Abuse/Mental Health

T. Schmidt stated that the Mental Health Brochure was a big accomplishment and done in conjunction with the Healthier Park Ridge Coalition providing resources to people who do not have mental health resources.

Emergency Preparedness

T. Schmidt met with Chief Kaminski and B. Peterson regarding seminars for seniors regarding Emergency Preparedness. There is a seminar scheduled for May 24th with Kiwanis on Tuesday, March 21st at 9:00 am at the Senior Center. Discussion of the FEMA brochures being distributed.

Environmental & Sustainability Solutions

M. Hulting reported that she, T. Milburn and the group provided some ideas and suggestions to the comprehensive planning process and would like to follow-up with Acting Mayor M. Maloney about sustainability ideas. Other accomplishments were that the Bike Task Force was created and on track to get the 2005 Bike Plan updated. Com-Ed Energy Efficiency Brochures were distributed during the Taste of Park Ridge. The Chamber of Commerce is doing a presentation in January on Waste Reduction. M. Hulting is working with Amy Bartucci of Go Green Park Ridge and proposing an idea for a Green Business Program. Acting Mayor M. Maloney discussed the city staff and Council having workshops for prioritizing staff and council initiatives and prioritizing them into four groups – short-term simple, short-term complicated, long-term simple and long-term complicated. Discussion ensued regarding the need to find a way to engage the city in some way. A. Cline suggested coming up with a list of items that the group would like to accomplish.

Wellness and Safety

E. Manning reported that they are very interested in pursuing the IL CHIP and the goal is for next July at the Taste of Park Ridge. A. Plewa-Rusiecki got some information from one of the coordinators from the State of IL and waiting to hear back from the area coordinator. The only issue may be the potential charge for the kits. The price per kit is \$1.00 for the entire identity process but there is no charge unless the kit is used. The kit includes the swab, CD and envelope. There was discussion regarding combining this group with Disease Education and Prevention and adding another person and per the open meetings act, how many committee members can meet in focus or smaller ad-hoc groups. Acting Mayor M. Maloney will clarify and seek guidance from Legal.

Another accomplishment was that T. Milburn did a great job on the website. I. Feiereisel reported that the website is public but the underlining pages are not complete. The main page is there with the general overview. The page is on the city's website and can be found by searching, Community Health Commission. In response to a question about tracking the number of hits the page receives, I. Feiereisel stated that she would have to ask the city's I.T. Department.

J. Barnette stated that he read in the newspaper that there is a school nurse in each of the schools in District 64. The article also noted that diabetes was a big issue and that over 200 students have asthma inhalers in the schools. He stated that this may be an opportunity for the Health and Wellness group to see what can be done. The district is starting to be proactive as far as children's health protection along with environmental health issues. He is very interested in being a liaison with the school districts and the nurses and training with them.

J. Barnette discussed the School Flag program which is an air quality issue stating that he reached out to Washington and Roosevelt schools. When asked about what the results of the air monitor on Maine South were, M. Hulting responded that her and J. Barnette received the air quality report and forwarded it to A. Cline but hadn't had time to look at it yet. J. Barnette mentioned there is a state law that all schools should have asthma training for the teachers and staff and also thought it would be good for "all" kids. J. Barnette also said that he has an air quality app of Park Ridge which shows the air quality in Park Ridge.

T. Schmidt reported that the Healthier Park Ridge Coalition is meeting on December 2nd at 9:00am at the Non-Profit Center on Garden St. where they will be setting the agenda for 2017. The meeting is an open meeting and anyone can attend. She is planning on attending.

C. Election of Chair for 2017 calendar year.

Acting Mayor M. Maloney initiated giving the group an opportunity to discuss whether or not to elect a new chair for 2017. He added that there are no term limits for a chair but there are term limits for having an active role on the commission. He suggested making it an annual occurrence in order to give someone an opportunity to chair but also to give the current chair an opportunity to step down. T. Schmidt stated that she would continue as chair unless someone else would be interested. She gave the primary functions of the chair which is to attend meetings, be a liaison, staying on top of everything so that it is moving along and the primarily running the meetings. T. Williams volunteered that she would be interested in being chair. There were no other nominations. A. Cline nominated T. Williams and E. Manning seconded the motion. All were in favor of the motion and none opposed. T. Williams will be the new chair beginning in January.

As discussed in the last meeting, T. Williams updated that she came up with a letter to go out to the Local Businesses and would like feedback from the commission. She will send out the letter to Recording Secretary S. Tunzi and she will forward it to the commission. She would like the letter to go out after the first of the year and interested in what the responses will be from the businesses.

T. Williams also had another idea for the Substance and Mental Health Focus Group along with the Environmental Health Group stating that the Police Department has a Prescription Drop Box which accepts medications, prescriptions, (no sharps or liquids) for disposal. She doesn't believe that many people know about it. She passed out a draft of a poster which could subsequently be made and put up throughout the community. Discussion ensued on what to put on the poster and getting a graphic design person to do work and will have something ready for the next meeting.

VI. Administration Report

A. City Staff

None.

B. School Administrators

None

C. Other Community Entities

None.

VII. New Business.

T. Williams discussed possibly changing the format of the meetings in accordance to the Open Meetings Act where there would be time to meet in smaller groups at the meeting. Her suggestion was to meet from 7-7:15 pm to do roll call, approval of minutes and Citizens Presenting on Non-Agenda items in order to get the business part of the meeting completed and from 7:15 pm until about 8 or 8:15 pm to break out in smaller groups to work on projects making it more of a working meeting. After 8:15 pm, the groups will report on each of the projects. One concern mentioned would be the recording of the minutes for each of the smaller groups. Acting Mayor M. Maloney will consult with Legal as to how many people can meet.

Acting Mayor M. Maloney stated that the budgeting process begins after the first of the year and that there will be a series of Budget Workshops. If there are any projects that the commission is interested in that requires funding, they should try and get an idea of what their needs are at the January meeting. These needs can be brought up to the Council or he can speak on the commission's behalf stating what amount of money is needed and what it is going to be used for. Any money that is currently in the funds will roll over.

T. Milburn suggested having an overlay on a calendar listing measurable goals to document what the group is trying to do and to establish a process. A. Plewa suggested that each focus or ad-hoc group bring to the next meeting what they would like to do for the next year.

Discussion ensued about the Council recommending that Lutheran General, the school administrators and Park District be present at the meetings as non-voting members. B. Peterson stated that he believes that they will be on board and supporting the group. Any time the group is considering spending money, there should be a vote.

Acting Mayor M. Maloney thanked T. Schmidt for her leadership as chair.

VIII. Adjournment

T. Williams made a motion to adjourn, M Hulting seconded. Meeting adjourned at 8:20 p.m.