



**CROSSFIT PARK RIDGE**

CrossFit PR L.L.C.  
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Welcome to CrossFit PR  
Forging Elite Fitness

CrossFit , CrossFit Kids

**Student Registration**

NAME \_\_\_\_\_ DATE \_\_\_\_\_ SEX M/F AGE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ DOB \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
HOME PH# \_\_\_\_\_ CELL# \_\_\_\_\_ WORK # \_\_\_\_\_  
EMPLOYED BY \_\_\_\_\_ EMAIL \_\_\_\_\_

**PRE-EXISTING CONDITIONS/INJURIES:**

\_\_\_\_\_

DOCTOR \_\_\_\_\_ PHONE \_\_\_\_\_  
INSURANCE CO \_\_\_\_\_ POLICY # \_\_\_\_\_  
IN CASE OF EMERGENCY NOTIFY \_\_\_\_\_ PHONE \_\_\_\_\_

PLEASE TELL US HOW YOU FOUND OUT CrossFit PR  
WORD OF MOUTH ( ) WALK BY ( ) FLYER ( ) ADVERTISEMENT ( ) WEBSITE ( ) OTHER ( )

**General Waiver**

CrossFit PR, CrossFit, CrossFit Kids, Lawrence Jacobs, Gerard Alleje, Deseree Bellon Jacobs and all other CrossFit PR trainers, Interns.

PLEASE NOTE: This waiver of Liability, Release, Acknowledgement of Risk, and Indemnification Agreement ("Waiver Agreement") is intended to be, and is, legally binding.

If any aspect of this Waiver Agreement requires clarification, have a CrossFit PR , employee fully explain it before signing. By signing the CrossFit PR "Student Registration" you are agreeing to all terms set forth in this Waiver Agreement. You and/or the person on whose behalf you are signing, are waiving the right to bring any type of action, whether in court or otherwise, to recover compensation or obtain any other remedy for any personal injuries, damages to property, any accident or incident of any type, or death, arising out of or related to your use of CrossFit PR, CrossFit , CrossFit Kids, its facilities, grounds, exercise areas, classes, equipment, whether the use is supervised or unsupervised. CrossFit PR , CrossFit , CrossFit Kids offers these activities in a controlled environment, there is still an assumed risk of injury to persons using CrossFit PR , CrossFit, CrossFit Kids. In agreeing to this Waiver Agreement, I hereby acknowledge, understand, and agree on my behalf, and upon behalf of the person for whom I am signing, that the use of CrossFit PR, CrossFit , CrossFit Kids, its facilities, equipment, classes and/or participating in activities sponsored by CrossFit PR , CrossFit, CrossFit Kids have inherent risks. These risks include, but are not limited to, any injury of damage resulting from:

Negligence of employees, volunteer assistants, independent contractors of CrossFit PR, CrossFit , CrossFit Kids, or Lawrence Jacobs, Gerard Alleje, Deseree Bellon Jacobs, Interns, CrossFit PR, CrossFit, CrossFit Kids. Negligent misuse of the facility or equipment of CrossFit PR, CrossFit , CrossFit Kids; falling off or impacting against the impact surface, floors, or anything else; rope abrasion, entanglement or other activities occurring on the premises; cuts or abrasions resulting from any cause whatsoever; failure of equipment, whether inside or outside; personal health problems, whether mental or physical; negligence of other climbers, visitors, or observers or persons who may be present in or around the facility; and/or negligence or lack of adequate training of any person(s) who seek to assist with medical or other help either before or after any injury or damage may occur.

CrossFit PR, CrossFit , CROSSFIT KIDS AGREEMENT AND RELEASE OF LIABILITY

- 1.) In consideration of being allowed to participate in the activities and programs of CrossFit PR, CrossFit, CrossFit Kids and to use its facilities, equipment and machinery in addition to the payment of any fee or charge, I, for myself, my heirs and assigns, hereby waive, release, and forever discharge CrossFit PR, CrossFit , CrossFit Kids, Lawrence Jacobs, Gerard Alleje, Deseree Bellon Jacobs, Trainer, Interns and their officers, agents, employees, representatives, executors and all others from any and all, responsibilities or liability from injuries or damages resulting from my participation in any activities or my use of equipment, classes or machinery in the above mentioned activities. I do hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to myself, including those caused by the negligent act or omission of any of those mentioned or others acting on their behalf or in any way arising out of or connected with my participation in any activities of CrossFit PR , CrossFit , CrossFit Kids or the use of any equipment at CrossFit PR, CrossFit , CrossFit Kids.(Please initial) \_\_\_\_\_
2. I understand and am aware that, fitness, including the use of the equipment, are all potentially hazardous activities. I also understand that fitness activities involve a risk of injury or even death, and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby to expressly assume and accept any and all risks of injury or death. (Please initial)\_\_\_\_\_
3. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment or machinery except as herein stated. I acknowledge that I have either had a physical examination and been given my physician's permission to participate, or that I have decided to participate, in the activity of, fitness, and the use of the equipment and machinery without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities. (Please initial) \_\_\_\_\_

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent and/or Guardian must sign below for minors:

AGREEMENT AND RELEASE OF LIABILITY

In consideration of having CrossFit PR, CrossFit , CrossFit Kids, I allow my child, \_\_\_\_\_, who is under the age of 18 to participate in the activities and programs of CrossFit PR , CrossFit, CrossFit Kids, including but not limited to CrossFit PR, CrossFit , CrossFit Kids and any other equipment, I hereby for my child's heirs, executors, administrators, and or assigns, waive and release any and all rights and claims of any nature my child may have against CrossFit PR, CrossFit, CrossFit Kids, Lawrence Jacobs, Gerard Alleje, Deseree Bellon Jacobs, Trainers and Interns dba CrossFit PR , CrossFit, CrossFit Kids its officers, employees, agents, chapters, assignees, licensees, and cooperating entities, their representatives, heirs, executors, administrators, successors, and assigns for and against any and all injuries or damages of any nature my child may suffer while taking part in any activities connected with CrossFit PR, CrossFit , CrossFit Kids. This release and consent shall be binding upon my child's heirs, executors, administrators, and/or assigns. (Please initial) \_\_\_\_\_

PARENT'S/GUARDIAN'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Photo /Video Release

I hereby give permission for images of my child, captured during regular and special activities through video, camera and digital camera to be used solely for the purposes of CrossFit PR, CrossFit , CrossFit Kids or CrossFit PR promotional material, publications and web site, and waive any rights of compensation or ownership thereto. Last names of minors will not be given or posted on the web site.

Name of minor \_\_\_\_\_ Name of Parent/Guardian \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_