



CITY OF PARK RIDGE

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MINUTES

COMMUNITY HEALTH COMMISSION

**SECOND FLOOR CONFERENCE ROOM
505 BUTLER PLACE, PARK RIDGE, IL 60068
THURSDAY, FEBRUARY 23, 2017 7:00 p.m.**

DRAFT

Members Present: J. Barnette, A. Cline, M. Cunningham, K. Gruenshel, M. Hulting, E. Manning T. Milburn

City Council: Acting Mayor M. Maloney, Alderman M. Mazzuca

Others Present: A. Bartucci (resident of Park Ridge), G. Fiorentino (Maine South student), A. Nelson (resident of Park Ridge), C. Nelson (Maine South student), P. Steimel (Benedictine student), J. Tomasetti (Maine South student)

Staff Present: B. Peterson, Recording Secretary S. Tunzi

Absent: A. Plewa-Rusiecki, T. Williams

Meeting called to order at 7:04 p.m.

I. Roll Call

In T. Williams' absence, J. Barnette facilitated the meeting and roll was taken.

II. Approval of Minutes (January 26, 2017)

A motion was made to approve the January 26, 2017 minutes. E. Manning motioned to approve the minutes and T. Milburn seconded the motion.

III. Citizens Present Wishing to be Heard on a Non-Agenda Item

None.

IV. Action Items

None.

V. Discussion Items

A. *P. Collins resignation from Health Commission*

J. Barnette reported that P. Collins had resigned due to him traveling and not being able to attend the meetings. The commission currently has two open positions. Discussion ensued about the projects that P. Collins had been working on, one being a project in which he interviewed veterans and documented it on film. It was a great way to get people in the community involved. The commission will follow-up with him.

B. *A. Cline presentation on Environmental Sustainability*

J. Barnette began by stating that he reconsidered his thoughts on sustainability. He feels that not only is the Community Health Commission about the people of the community, it is also about the health of the community and he believes that sustainability makes the community better.

A. Cline had created a Power Point presentation for the commission regarding Sustainability. While going through the presentation, she talked about the commission creating a sustainability plan, whether it be big or small as it is part of the revised Mission Statement. She added that this

plan could not impact the city's finances in a negative way and would have to be neutral or cash savings. She added that another thing to consider is the burden on city's staff. She gave her background as having a Master's degree in Conservation Biology and Sustainable Development working on flood and storm water management. She stated that the best way that she likes to think about sustainability is, "To meet the needs of the present without compromising the ability of future generations to meet their own needs." A. Cline added that the modern day way of thinking about sustainability is three pillars which are Economics, Environment and Social Justice or Equity. She showed a list of communities which currently have sustainability plans in the northeast part of Illinois with populations close to that of Park Ridge and checked out their plans. Some of these plans were created by staff, some by a grant, some by an outside consultant, some were part of a larger plan, one was created by a collaboration of the municipality and the Park District, and one appeared to be the most accessible having goals and objectives. All of the plans pretty much tackled the same issues including air, energy, mobility/transportation, policy, natural resources, open spaces and parks, waste, water and education and outreach. A. Cline talked about ideas and how to move forward. She suggested starting small with three projects with goals and objectives and a plan on how to implement them and then to come back in a year with an annual report. She also mentioned that there would have to be a buy-in from City Council.

M. Cunningham reported that the Metropolitan Water Reclamation District has a sustainability Summit every year. This year was the 4th annual one and the participants at the Summit learned about free and low cost resources available to them. She added that there is a lot of support and guidance and possibly programs that are built in to help communities do this.

T. Milburn stated that the commission needs to start out with a sustainability plan and the plan should be the Community Health Commission Plan. There would be a need to sit with the appropriate people, city staff and city council to figure out what the commission's role is to develop a plan, adding that a road-map would be needed. He talked about solar readiness and added that the Mayor's Metropolitan Caucus has specific programs that facilitate a lot of these things. There would need to be an alignment with what the commission wants to do with what the city tries to do, along with having specific strategies and actions to follow.

J. Barnette suggested developing a sustainability plan for the group. It could be relatively small although it could be comprehensive and to move forward with that. Along with this plan other small achievable projects could be accomplished.

T. Milburn asked for opinion from the city officials. Alderman Mazzuca said that the city is already working on the Support Bike and Walk Initiatives and has a task force set up. Mayor M. Maloney stated that he didn't have any objections to any of the ideas but recommended waiting until after the election to present the idea to city council.

Discussion ensued about sustainability plans.

A. Cline made a motion that the Community Health Commission will create a medium sized sustainability plan for the commission with an objective and a goal. After the election the commission would approach the city council about the possibility of creating a city wide sustainability plan. J. Barnette seconded the motion and all were in favor.

C. Update on Current Projects

1. Emergency Preparedness – March and May

J. Barnette stated that the commission is down two members and he would like to wait until T. Williams returns to discuss this project further. B. Peterson stated that T. Schmidt had committed to speaking at the Senior Breakfast on March 21st at 9:00 am and asked if someone would be available to speak as it is a great forum. He added that T. Schmidt was supposed to speak about Emergency Preparedness but he is open to any other topics. Discussion ensued about topic ideas and J. Barnette committed that the Health Commission would be there to make a presentation at the Senior Breakfast.

2. Get Fit Park Ridge – June

J. Barnette passed out a letter with the city's logo and added that the letter would go out the following week to Fitness Studios in Park Ridge to try and encourage them to get involved with an activity. He stated that he had a list of fitness places in the city and also a few volunteers including himself, A. Plewa-Rusiecki and A. Cline. This project would take place in June. He believed that this would be a great opportunity to get the message out. It was suggested that there be an open invitation on the commission's website so as not to exclude any businesses that may be interested in participating. J. Barnette will speak with T. Williams since she is the lead on this project.

3. Posters in Community – Ideas for future health-related messages – every other month or quarterly

J. Barnette reported that he did not bring the drug disposal poster to the meeting. He added that there was a minor change to the poster which now says, "Get rid of your used drugs 24 hours a day, 7 days a week to protect our environment and our community". J. Barnette talked to the poster designer and will have it ready so that it can be produced. There were no objections.

4. IL CHIP – August 1st with National Night Out

E. Manning announced that she is taking over the lead on this project from A. Plewa-Rusiecki. She added that a Mason will be attending the next meeting in March. This project is planned to take place in August at National Night Out.

5. Webpage update

Recording Secretary, S. Tunzi stated that links have been added on the City's website which links to the Community Health Commission's page.

VI. Administration Report

A. City Staff
None.

B. School Administrators
None

C. Other Community Entities
None.

VII. New Business.

M. Cunningham asked what the process is to facilitate adding things onto the commission's website such as links to Healthy Homes, Radon and any other categories. T. Milburn suggested sending the links to Recording Secretary, S. Tunzi and she would forward to the commission members to review/approve. T. Milburn also suggested when doing events to advertise them on the Community Health Commission's website. There was discussion of other ways to advertise the commission for people who do not have a computer.

VIII. Adjournment

A. Cline made a motion to adjourn, E. Manning seconded. Meeting adjourned at 8:07 p.m.