



MESSAGE FROM THE FIRE CHIEF

Disaster can strike without warning. It can force you to evacuate your neighborhoods, workplace or school or confine you to your home.

What would you do if basic service such as water, gas, electricity or telephones were cut off?

Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. Therefore, the best way to make you and your family safer is to be prepared before disaster strikes. Only preparation can dispel fear.

The most important preparation that a family can make is to be prepared for the first 72 hours after a disaster. One of the ways that we can prepare is to have enough food, water, clothing and other essential items readily available. These items should be placed in backpacks or other small containers for each member of the family.

Your safety and well being is our number one concern. The City of Park Ridge has assembled an Emergency operations Center (EOC) and will be prepared for emergencies.

Copies of this Park Ridge Emergency Preparedness Guide are available at City Hall or online at www.parkridge.us

IMPORTANT PHONE NUMBERS



Emergency Contact Information

Emergency: 911

Poison Control: 800-222-1222

Com Ed: 800-334-7661

Nicor: 888-642-6748

Non-Emergency Contact Information

Park Ridge City Hall: 847-318-5200

Non-Emergency Police and Fire available 24/7: 847-381-5252

Lutheran General Hospital: 847-723-2210

Resurrection Hospital: 773-774-8000

Other Information Sources

Federal Emergency Management Agency
www.fema.gov

Illinois Emergency Management Agency
www.state.il.us/iema

American Red Cross
www.redcross.org

Illinois Department of Health
www.idph.state.il.us

Center for Disease Control
www.cdc.gov

National Weather Service
www.crh.noaa.gov/lot

EMERGENCY PREPAREDNESS

Knowing what to do during an emergency, can make all the difference when seconds count.



Safety Tips For You and Your Family



MAKE A KIT

Recommended Supplies to Include in a Basic Kit:

Check batteries, change the stored water and rotate the food supplies every six months.

- Water, one gallon of water per person per day, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food. (Manual can opener)
- Battery-powered radio and a NOAA weather radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First Aid kit
- Whistle to signal for help
- Infant formula and diapers, if you have an infant
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Dust mask or cotton t-shirt, to help filter the air
- Plastic sheeting and duct tape to shelter-in-place
- Unique family needs/Important documents
- Prescription medications and glasses
- Cell Phone and charger
- Credit Card/Cash
- Local maps
- Wrench or pliers to turn off utilities

MAKE A PLAN



Create a disaster plan with your family. Discuss the types of disasters that are most likely to occur and make plans. Pick two places to meet: one near your home in case of a fire and another outside

of your neighborhood in case you cannot return home.

DEVELOP A FAMILY COMMUNICATIONS PLAN

Decide where and when to reunite your family should you be apart when disaster strikes.

Designate an out-of-state (easier to call long distance after emergency) family member or friend to be a “family contact” in case you cannot meet at the designated places.

Contact your local American Red Cross before an emergency to find out about their plans for emergency shelters.

CREATE A PLAN TO SHELTER –IN-PLACE

Know the safest place in each room because it will be difficult to move from one room to another during an earthquake or an explosion.

Locate the shutoff valves for water, gas and electricity. Learn how to shut off the valves before an emergency. Do not shut off utility valves unless directed to do so by utility company.

CREATE A PLAN TO GET AWAY

Establish all the possible ways to exit your house. Keep those areas clear.

Know the locations of the nearest police and fire stations.

KNOW EMERGENCY PLANS AT SCHOOL / WORK

Talk to your children’s schools and your employer about emergency plans. Find out how they will communicate with families during an emergency.

BE INFORMED

About what might happen.

IF DISASTER STRIKES...

- If disaster strikes, remain calm and patient. Put your plan into action.
- Check for injuries. Give first aid and get help for seriously injured people.
- Listen to your battery powered radio for news and instructions.
- Evacuate, if advised to do so. Wear protective clothing and sturdy shoes.
- Check for damage in your home.
- Use flashlights; do not light matches or turn on electrical switches, if you suspect damage.
- Check for fire, fire hazards and other household hazards.
- Sniff for gas leaks. Starting at the water heater. If you smell gas or suspect a leak, turn off main gas valve. Open windows and get everyone outside quickly.
- Shut off any other damaged utilities.
- Clean up spilled medicines, bleaches, gasoline and other flammable liquids immediately.
- Confine or secure your pets.
- Call your family contact, do not use the telephone **again** unless it is a life-threatening emergency.
- Check on your neighbors, especially elderly or disabled persons. Talk to your neighbors about how you can work together.
- Make sure you have an adequate water supply in case service is cut off.
- Stay away from downed power lines.

For Americans, preparedness must now account for man-made disasters as well as natural ones.

Knowing what to do during an emergency can make all the difference when seconds count.