



Substance Abuse & Mental Health

Mission: To provide information and resources to community members on topics related to substance use and abuse as well as mental health.

Related information:

[US Department of Health and Human Services](#)

[National Institute of Mental Health](#)

Sub Areas of Focus:

Substance Abuse

[Partnership for Drug Free Kids](#)

[National Institute of Drug Abuse](#)

[Substance Abuse and Mental Health Services Administration](#)

[Alcoholics Anonymous](#) (national organization)

[Alcoholics Anonymous](#) (local meetings)

[Families Anonymous](#) (help for family members and friends of people with a substance abuse disorder)

[Dispose of used, and unwanted prescription medications](#)

Mental Health

[Mental Health Resource Guide](#)

[National Alliance on Mental Illness—Cook County North Suburban](#)

[National Suicide Prevention Lifeline](#)

[Substance Abuse and Mental Health Services Administration](#)

[U.S. Department of health and Human Services—Mental Health](#)

[National Institute of Mental Health](#)