



MINUTES

COMMUNITY HEALTH COMMISSION

**SECOND FLOOR CONFERENCE ROOM
505 BUTLER PLACE, PARK RIDGE, IL 60068
THURSDAY, MARCH 16, 2017 7:00 p.m.**

Members Present: J. Barnette, A. Cline, M. Cunningham, K. Grunschel, M. Hulting, E. Manning T. Milburn, T. Williams

City Council: None

Others Present: R. Paulnitsky

Staff Present: B. Peterson, Recording Secretary S. Tunzi

Absent: A. Plewa-Rusiecki

Meeting called to order at 7:05 p.m.

I. Roll Call

Roll taken.

II. Approval of Minutes (February 23, 2017)

J. Barnette made a motion to approve the February 23, 2017 minutes and E. Manning seconded the motion. Unanimous approval.

III. Citizens Present Wishing to be Heard on a Non-Agenda Item

None.

IV. Action Items

A. IL CHIP presentation for planned August event at National Night Out

R. Paulnitsky introduced himself, stating he was a Mason and a Shriner. He described what the IL Chip program is. He said that it is done in the morning for about 3 to 3 ½ hours. The Lodge sponsors the event so there is no cost. He only requires two things, one being a bag of candy for the kids and the other is Handi-Wipes or disinfectant. He fingerprints infants, 6 months and over, children, some teenagers and senior citizens in nursing homes or with dementia. They require three rooms, two of the rooms need to be isolated. They start off at the first station with fingerprinting which are put on a card. In the second station, the parents use Q-Tip swabs to swab one side of the mouth and then the other and the swabs get sealed in a container. In the final station, a short video recording is done and put on a computer chip. The organization keep nothing and the parents get tendered everything in a big envelope. He recommends that this gets done every two years. The swabs are good for five years. He brings his own people of between 10 and 15 volunteers. All they need are the rooms and maybe some additional volunteers to help in the rooms. They have posters that were used last year and information could be taken from them. Discussion ensued about when to have the event and also about advertising the event. It is estimated about 100 people may attend.

R. Paulnitsky asked to set a plan and give him a date as soon as possible. Due to it having to take place in the morning, it was suggested to have it at Canopies on Courtland for the Taste of Park Ridge in July which is sponsored by the Chamber of Commerce. T. Williams will contact

Gail Haller at the Chamber of Commerce. E. Manning offered to buy the candy. J. Barnette preferred to have the event at City Hall. T. Williams will contact the church as a back-up. J. Barnette will work on the poster.

B. Emergency Preparedness presentations

J. Barnette stated that he is scheduled and set to speak at the Senior Breakfast on March 21st at 9:00am. He added that he has some Emergency Preparedness hand-outs from FEMA.

T. Milburn announced that he received an email about a free seminar, "How to Prepare your Home for a Disaster" on Wednesday, April 26th at Public Works and presented by Park Ridge CERT Volunteer Outreach Team. One or two people are welcome to attend.

C. Get Fit Park Ridge

T. Williams announced that the letters had gone out to the businesses in Park Ridge and is also posted on the Community Health Commission's web page. Other businesses can be reached out to as well. She added that follow-up to the businesses will be needed to see if they would like to participate. She stated that her idea was that the commission would create a calendar of what businesses are participating and what they are donating whether it be free classes, etc. and to publicize it. It is up to the business owner as to what they will offer. T. Williams had a list of the businesses that the letter was sent to and the commission members split up which businesses they were going to follow-up with. June is the target month. T. Williams would like to know which businesses are participating by the next meeting.

D. Medication Disposal poster distribution

J. Barnette passed out a copy of the finished poster. He added that he had talked to the Chief and that they get about 30 lbs. of medication a month. Since many people do not know about the disposal, the poster will raise awareness. It could be copied and distributed or blown-up and made into poster size. If the latter, there would be a fee for the materials. B. Peterson added that the city has a licensed incinerator which can help with the disposal of the medication and can be done every couple of months. Discussion ensued about how many posters to make and places to hang them and about compiling a list of locations. It was decided that 50 larger posters would be created along with making 50 smaller color copies. B. Peterson asked for a digital copy of the poster which could be posted on various websites. T. Williams will forward to him.

V. Discussion Items

A. Environmental Health and Sustainability

T. Milburn recapped that at the previous meeting A. Cline had come up with a half dozen sustainability ideas as a starting point. Some of these involved the city, some of these involved volunteer efforts and some outreach. His thought was to put together initiatives for each of them and maybe start with one or two. He put together and passed out concepts for two programs, Solar Electric and Energy Use Reduction and included what would be involved in terms of strategy and what could be done tactically and is looking for feedback.

The first program he discussed was Solar Electric and the goal is to increase the adoption of Solar Photovoltaic system within Park Ridge in order to reduce greenhouse gases, pollution and reduce energy bills. In order to get this done effectively, his thought is that he would need somebody from City Council, City Staff along with interested and informed volunteer citizens. He added that he and M. Hulting had been at a program put on by the Metropolitan Mayor's Caucus in January and the focus was to engage the city regarding policies and ordinances and inspection processes. He stated that there are groups sponsored by the Federal Department of Energy that helps communities convert from current practices to future practices. His thought for the commission as a group would be to get the word out through outreach and recognition programs.

The second program was Energy Usage Reduction and the goal is to decrease the consumption of electricity and natural gas through energy conservation and efficiency programs and reduce energy bills. Ways the city could facilitate this included outreach programs and trying to find good projects for homes and businesses, park districts, churches and schools and support programs. There are efficiency incentives that can help change out appliances, insulate roofs

and attics and change out windows and give some consideration for it. Com-Ed and Nicor are mandated by the state to go out and help people and give free assessments in homes and advise home owners and businesses. T. Milburn stated that people do not know this. He added that there is a city's component to this and the commission could participate in outreach and recognition.

J. Barnette discussed permeable pavers and added that Public Works may be interested in doing a small pilot project, perhaps in an alley.

Discussion ensued about sustainability plans. It was decided for the next meeting to discuss different focus areas and to select where the commission wants to start work

B. *Park Ridge Chamber of Commerce presentation – August 9*

T. Williams reported that there had been a discussion with Gail Haller about doing something in April for Earth Month. M. Hulting stated that she and A. Bartucci have been working on a green business program and on April 7th will be going to the offices of John Moran and Matt Coyne to pilot the checklist to see what is reasonable and what is a good entry level. She added that this could be an option to present it to the Chamber in August.

C. *Grant opportunities; i.e. pollinator garden grant*

T. Milburn had previously emailed information out to the commission regarding this initiative from the Metropolitan Mayors Caucus meeting. The idea is with community support, there is grant money available to develop the pollinator area. There could be multiple projects such as pollinator gardens and community gardens. This could be an opportunity to get grant money potentially in the future if this is something that the commission would be interested in. He added that there are some things under way already in which the commission could assist.

VI. Administration Report

A. City Staff

B. Peterson relayed that Deputy Chief L. Jogmen gave him information that the Illinois Association of Chiefs of Police (ILACP) is piloting a program with AAA for Distracted Driving Awareness Week. It is a statewide initiative and this is the first time that it is being done. They are looking for support in any way whether on a personal level or from the commission. A web page has been generated and it is for the last week of April. Education can be putting messages out about not texting and driving. He added that this is a big problem as it is a health and safety risk and asked to spread awareness and show support and commitment.

B. School Administrators

None

C. Other Community Entities

T. Williams passed out two handouts from MCYAF. She stated that one was about a Drug and Alcohol Prevention Coalition in town and added that they are having a Town Hall Meeting on April 11th. Students will be doing a drug and alcohol presentation. The other one is on March 23rd where they are having a guest speaker come and talk to parents regarding Parenting Teens. She asked to spread the word about these two events.

VII. New Business.

J. Barnette stated that he attended the O'Hare Airport Commission meeting the previous night and that they are concerned about the noise and air quality report and also safety claims that the planes are making illegal and dangerous low level turns. He said that one of the members on the commission is a retired FAA employee and is very knowledgeable. The chairman expressed that they would like to meet with and schedule to attend a Community Health Commission meeting.

VIII. Adjournment

A. Cline made a motion to adjourn, M. Hulting seconded. Meeting adjourned at 8:47 p.m.